

## SALLISAW PUBLIC SCHOOLS

## Sallisaw High School

Breakfast and Lunch Menu March 2025



Alternate Cereal, Oatmeal and Yogurt Bar Available for Breakfast Daily

Breakfast and Lunch Served with variety milk choice

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
* * *		Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside, Sallisaw Middle School and Sallisaw High School students for the 2024 2025 school year.	March:	
3	4	5	6	7
Bagel and Cream Cheese	Pancake on a Stick	Breakfast Pizza	Breakfast Burrito	Biscuits and Gravy
Fruit	Fruit	Fruit	Fruit	Fruit
Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk
Orange Chicken	Beef Nacho's	BBQ Chicken	Hot Ham and Cheese Croissant	Baked Potato Bar
Lo Mein	Sweet Corn	Mashed Potatoes & Gravy	Sweet Potato Fries	"Fixins"
Roasted Veggies	Fresh Fruit and Vegetable Bar	Peas	Fresh Fruit and Vegetable Bar	Garlic Bread
Fresh Fruit and Salad Bar	Milk	WG Hot Roll	Milk	Fresh Fruit and Vegetable Bar
Fortune Cookie		Fresh Fruit and Salad Bar		Fruit Fluff
Milk		Milk		Milk
General Tso Chicken/Noodles	Chicken Gyro/French Fries	Chicken Nuggets/Potato	Hamburger/Wedges	BBQ Sandwich/Baked Beans
10	11	12	13	14
Smoothie and WG Toast	HS Griddle	Sausage Biscuit	Biscuits and Gravy	
Fruit	Fruit	Fruit	Fruit	
Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	
Turkey n Cheese Grab n Go	Chicken Fajitas	Salisbury Steak	Cheeseburger	Ma
Potato Chips	Fajita Veggies	Mashed Potatoes & Gravy	Potato Chips	NU
Fruit	Refried Beans	Green Beans	Lettuce, Tomato and Pickle	Cabal
Pickle	Chips and Salsa	WG Hot Roll	Fresh Fruit and Vegetable Bar	CILOR
Cookie	Fresh Fruit and Vegetable Bar	Fresh Fruit and Salad Bar	Cake and Strawberries	
Milk	Milk	Milk	Milk	
Calazone/Salad	Taco Burger/Veggie	Chicken Nuggets/Potato	Hamburger/Chips	
17	18	19	20	21

## SPRING BREAK MARCH 17th - MARCH 21st

24	25	26	27	28		
Donuts	Pancake on a Stick	Breakfast Pizza	Ham, Egg & Cheese Croissant	Biscuits and Gravy		
Fruit	Fruit	Fruit	Fruit	Fruit		
Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk		
Breaded Chicken Sandwich	Crispito w/ Cheese Sauce	Chicken Chunks	Toasted Cheese Sandwich	California Flatbread Pizza		
Potato Smiles	Refried Beans	Mashed Potatoes & Gravy	Jalapeno Soup	Spinach Salad		
Fresh Fruit and Vegtable Bar	Chips and Salsa	WG Hot Roll	Roasted Ranch Broccoli	Fresh Fruit and Vegetable Bar		
Oreo Pudding	Fresh Fruit and Vegetable Bar	Corn	Fresh Fruit and Vegetable Bar	Cookie		
Milk	Milk	Fresh Fruit and Vegetable Bar	Milk	Milk		
		Milk				
Spicy Chicken/Sweet Potato	SAME	Chicken Nuggets/Potato	Hamburger/Tots	Pizza/Salad		
***Menu Subject to Change According to Product Availability***						

This institution is an equal opportunity provider.